

**Soul Kisses Spiritual Whispers  
Ascension Tools to Hold the Light  
June 8, 2010**

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**New Look! New Content!**

Welcome to the new Soul Kisses Spiritual Whispers - Ascension Tools to Hold the Light Newsletter!

In 2000 I clicked into the internet for answers and support to help me as I traveled my spiritual path. I searched and searched only to discover there were no websites at that time that offered the support or answered the questions that stirred within me.

I decided that there must be others, like me, looking for support of like minded individuals through the internet. I was then guided to create the Soul Kisses website. Initially the site was to offer information that came to me and to recommend the work of others. Over the years Soul Kisses has grown exponentially shifting and evolving offering more and more.

The newsletter goes out to people across the world in over 50 countries. Now it has a new look and a more intensely focused mission to provide *tools for ascension* in an evolving, shifting, changing world. Within the newsletter and website, tools in the form of information, classes, e-courses, books, counseling and resource recommendations will be added on a weekly continual basis. My council of angelic guides and teachers headed by Jesus are here to help hold the light brightly to illuminate the spiritual path of those clicking in with these *Ascension Tools of support*.

There will now be a minimum of two newsletters per month that will revolve around a monthly theme. The first newsletter will introduce the theme, then the second will expand upon it. The daily [Soul Kiss](#) will also support the theme of the month.

The human spirits of Mother Earth are opening their hearts to the longing of reconnection to the God Part within.

Are you one of them?

If you are searching for tools to help you shift from a source of fear to that of love with like minded individuals, we welcome you to click into the Soul Kisses website often to learn of what new Ascension Tool of Light has been added.

The bigger picture, my mission, is to reveal from a healed and healing position, the tools given to me to promote "collateral healing" to all who click into the Soul Kisses website. I welcome your interaction as we evolve, grow and experience life in joy together!

In love and Light,  
Kate



### Theme for June: The Shifting Energies of Mother Earth...

I'm human, like you, and the past few years have been filled with startling and unexpected life situations and events. On more than one occasion I have wanted to "get off" and go "home" to the spirit realm. I'm glad I stuck around!

Today I type these words firm and solid in the knowing that I am here first and foremost to *heal myself* - with a byproduct of aiding in healing the world. How did I finally get to this conclusion? Like everyone else on the planet, I've come face to face with my innermost fears on top of global fear and instead of stuffing it, I faced it head on. The last straw occurred when I took little Majik with me to get the mail on May 25th.

After retrieving the mail from the box I stepped off the curb and fell completely to the ground landing on the side of my right knee and shoulder. My hands held the mail and Majik's leash so I did not try to break my fall and both wrists were saved, but I did hear a pop from my ankle. My mind raced from, "OMG that hurt" to "how am I going to get up?" to "oh wow, I didn't break a nail" even though the fingers on my left hand were scraped. Moments later I was back to "OMG, everything hurts!" Then I flowed right into being filled with anger at hurting myself.

To make a long story short, I fractured my ankle. So now I'm learning to be a gracious receiver (thank you Freddy and Jesse for being so patient with me - especially while I was working through the anger of being "basic mode of transportation" challenged).

This last straw came after boldly confirming to myself that I'm ready to step firmly with power and enthusiasm into following my heart's dreams where my spiritual work is concerned. One might think the fracture event is a sign that this decision wasn't a good one. On the contrary... limited mobility has blessed me with the opportunity to process all the fast track growth I've experienced over the past few months and shift into a source of love and trust that is profoundly peaceful.

#### **The bigger picture:**

For years I've talked about the shifting energies affecting Mother Earth. When I first began speaking of these energies they were subtle and gentle, stirring within a longing. Now they are full fledged incidents that shove us to and fro creating chaos and havoc in our lives physically and spiritually.

The global economic crisis and upheavals of Mother Earth defined as natural disasters, bombard us with fear from all sides. At the same time these unseen energies affecting our global community touch us from within our core revealing to us our innermost fears.

These innermost fears are being unceremoniously pulled from deep within and shoved in our faces. If we choose to push them back down, we must expect to arrive from point "a" to point "b" battered, bloodied and bruised. When we face these previously concealed fears and work through them, we will find peace within and flow in ease and grace.

As we face the fears we have hidden from ourselves for years and perhaps lifetimes, we come into direct contact with the God Part within and we experience the stirring of a warm fuzzy to the connection with All That Is - the Love Connection.

This connection amps up the light within us showing us that we are all, indeed, connected.

The volcano in Iceland and the oil spill in the gulf have illuminated the fact that even though we are separated by distance of space, we are One - connected. We have been forcibly reminded that all we do has a ripple affect around the world touching others.

The bottom line is our internal fear meter, hidden or visible, has a direct affect on the heave and ho of Mother Earth. When we exist at a vibratory level of fear we pulsate out around us more fear. When we exist at a vibratory level of love we elevate ourselves and exude healing love to others as well as Mother Earth.

The energies flowing through Mother Earth and her population are prodding us into alignment with our higher, spiritual selves and to do this we must release physical world conditioning and fears. This process is the ascension - the dissipation of fear leading to an elevation of a love source that results in a heaven on earth state of existence.

How do we make life on Mother Earth better? By changing from within. By facing, working through and dissipating the fears we have previously suppressed within us. By shifting from a source of fear to a source of love.

A ripple affect begins when we change within.

As within, it is without.

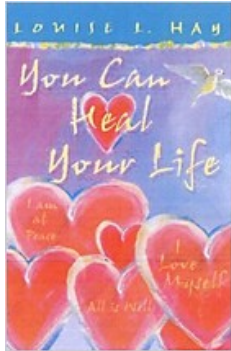
There is a lot to take in and get our minds around when facing our innermost fears and healing fearful thought patterns and beliefs. As we heal ourselves and raise our vibration to that of love source, we give to the world the gift of healing love energy through the vibrations we emit. Know that you are NOT alone! Together, we will heal ourselves and raise the vibration of our reality to that of love, thereby, parting the veil to bring heaven to earth.

Fracturing my ankle definitely created an upheaval in my life and those around me, but as all seemingly negative life situations do, it also brought unimaginable blessings. Whatever you are experiencing at this moment, hold fast to the fact that there is perfection in all life situations and events and embrace the blessings within them. Transmute your fear to love and begin a domino affect of healing across the planet.

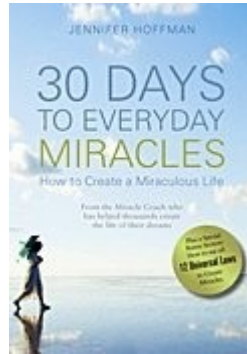
I invite you to email me with your questions and concerns of living in this time of ascension!

In love and light,  
Kate

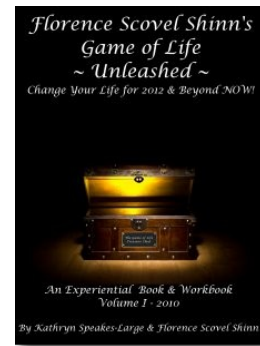
**Ascension Tools of Light to aid in facing fear:**



[You can Heal Your Life](#)  
[Louise L. Hay](#)



[30 Days to Everyday Miracles](#)  
[Jennifer Hoffman](#)



[Florence Scovel Shinn's Game of Life ~ Unleashed ~](#)  
[- Kathryn Speakes-Large](#)

[Spiritual Counseling with Kate and The Council](#)

Journaling

Meeting with like minded people!



Message from Big Jim

Big Jim came by while I was sitting on the patio so I asked him, "Do you know about the oil spill in the gulf?"

Big Jim: *Yes, I'm aware of it. From the human standpoint of judgment it is a terrible tragedy. From my viewpoint here on the spiritual side of things, there is a larger picture. Not to belittle the event, it is a process - a part of the evolution of the planet.*

*As a human does it make one angry for the loss of life and livelihood? Yes, it does. Face the anger head on and then release it, because the source of anger is fear. I know as a human shifting from the anger and sadness at this devastation to a source of love takes great effort, but doing so is a huge part of the process of bringing heaven to earth.*

*Thought processes begin a ripple affect felt not only throughout the world, but throughout the universe - most humans of Mother Earth don't have a clue how powerful thoughts are - especially thoughts fueled by emotions.*

*I ask each one of you to take this moment and think of something that makes your heart expand with joy. Think of it. Focus on it and allow your being to sing with the pure pleasure of your thoughts and the feelings they create.*

*Stop reading and take the moment - please.*

*Breathe in deeply the joy you are experiencing. Wouldn't it be wonderful if all the moments of your day felt so good? If your body hurts a lot, like mine did before I passed, you'll find it doesn't hurt so much when it is filled head to toe with joy!*

*The oil spill is another event opening the human hearts to the knowing of how we are all connected - one to another.*

*Those who open their heart fully to this knowing will shift into the love source and find their lives more peaceful and easier.*

~ Big Jim

Big Jim transitioned October 31, 2005. To learn more about his transition and his continued fatherly advice, click [here](#).



Announcement on June 10, 2010!

Watch your inbox on June 10th for an exciting announcement! Kate has been working with the Council and together they have created a class to aid in connecting with those you love who are no longer able to communicate with you!



New CD - Heal Mother Earth with Love!

The Heal Mother Earth with love meditation taps into the All Powerful Love Source of the human spirit and shares this love with Mother Earth elevating all to the healing love vibration. Click [here](#) to learn more!



## Ascension Tools of Light

### Books & E-books by Kate:

[Waiting in the Other Room](#) - Amazon Best Seller!

[Waiting in the Other Room Journal](#)

[Florence Scovel Shinn's Game of Life Unleashed!](#)

[Orb Photographs Validated E-Book](#)

### Guided Meditations by Kate:

[Sacred Space ~ Build it and They Will Come](#)

[Communicating Through Dementia Guided Journey](#)

[Healing Circle of Love as given by Princess Diana & Mother Teresa](#)  
[Claim Your Power Create the Life of Your Dreams!](#)  
[Communicating with Orbs](#)

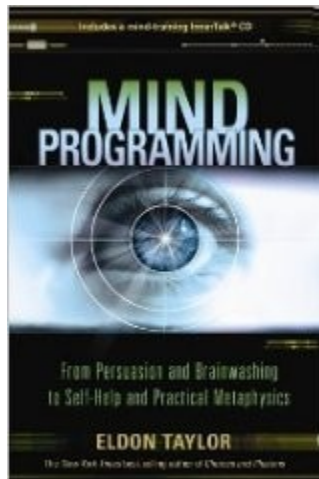
**E-courses by Kate:**

[Abundance in All Things](#)  
[The Law of Attraction](#)  
[Worry & Stress Got Your Power?](#)

**Books by Others:**

[The Seven Spiritual Laws of Success](#) by Deepak Chopra  
[30 Days to EveryDay Miracles](#) by Jennifer Hoffman  
[Angelspeake: How to Talk with Your Angels](#) by Barbara Mark and Trudy Griswold

**Book Recommendation**



Empower Your Mind...  
Empower Your Life!

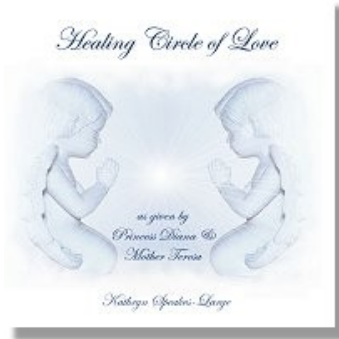
*Mind Programming* by Eldon Taylor is a true eye opener for those who question physical world teachings and conditioning. Eldon's work lights the path to finding your inner truth, releasing beliefs and thought patterns stemming from fear and connecting with the Divinity within to create the life you truly desire.

This book reveals the hidden truths of media/marketing influences and offers tools and technologies you can use to make your reality mirror the truth within you. Included with the book is a mind-training CD. Step into the life you truly wish to live by clicking [here](#) for additional details, to order and to receive free bonus gifts!



**Soul Kisses Special**  
**through June 15, 2010**

[Healing Circle of Love as given by Princess Diana and Mother Teresa](#)



Begin a ripple affect of healing by sending Mother Earth Love... Special reduced price through June 15! Click [here](#) to learn more...

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**[Spiritual Counseling  
with Kate and The Council](#)**

Do you feel stuck? Helpless? Powerless? Frustrated? Would you like to "take the bull by the horns and give fear a swift kick out of the way" and live your life in joy drawing to you that which you truly desire? Click [here](#) for details!

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**[Pray it Forward Prayer List](#)**

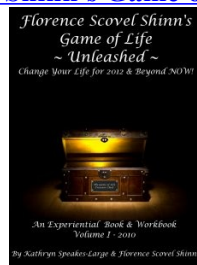
Add yourself or a loved to the [Pray it Forward Prayer List](#).

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**[Daily Soul Kiss](#)**

Our gift to you: Daily [Soul Kiss](#) - a spiritual whisper of support in your inbox!

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**[Kate's Blog](#)**

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**[Florence Scovel Shinn's Game of Life Unleashed!](#)**



If you are a Florence Scovel Shinn fan, this is a MUST! If you've never heard of her, but you are ready to open your heart to receive all that is yours by divine right, under grace, in a wonderful way, then you've been divinely guided!

When the student is ready,  
the teacher appears...  
Click [HERE](#) for details!

Click [here](#) to view the new website!

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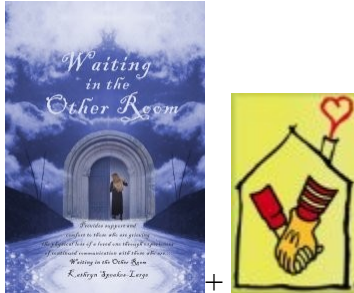
amazon.com

**Best Seller!**

**Waiting in the Other Room**

\$1.00 of every book sale goes to the **Ronald McDonald House Charities of the Four States**

in Joplin, MO



[Click here to purchase](#)

**CYBERGIFT ENTRY!**

The winner of the Cybergift for May is: Marianne Burdick

Be sure to enter your name for the **CyberGift drawing**: You will receive the MP3 download of: **Claim Your Power!**

**Affiliates**

**Dr. Joe Rubino - Self Esteem Expert**

**Manifestation Mastery from Enlightened Beings**

**Dream Manifestation Wizard**

**Nature's For You** Goodies for your Spiritual Path 10% off minimum purchase of \$25.00 with coupon code SOUL KISSES