

New Year Resolution Retrospective

Today: _____, 2009
 Month Day

In the past year:

I have _____

Which created _____

I have _____

Which created _____

I have _____

Which created _____

I have _____

Which created _____

I have _____

Which created _____

As you reflect on the accomplishments, experiences, etc. think about the action steps that you would have taken to bring these things into your reality. Anchor these things into the universe and create the reality of your dreams.