

Cancer is just a Word

*Cancer is a word that causes instant dread
A word that causes dark thoughts inside my head*

*This word that is made up of letters, six in all
Is not a long word and in fact quite small*

*But how I look at it can change how I think
And raise my spirits rather than let them sink*

*C stands for **Cold** and how it makes me feel
Because this life of mine it is trying to steal*

*A stands for **Anger** and how I feel inside
That I want to vent out but try to hide*

*N stands for **Negative** both a feeling and a word
And brings up feelings of dread whenever heard*

*C stands for **Change** that it makes to my life
Whether a brother or sister, husband or wife*

*E stands for **Energy** and the healing power of love
Whether from those around me or the heavens above*

*R stands for **Recovery** and a return to a normal life
Healthy once again and so much wiser from this strife*

*This cancer, this word that has come out of nowhere
May be a blessing in disguise if I don't give in to fear*

*And let love envelop me in a beautiful permanent state
So I can release to the universe this unwanted weight*

