

## *Introduction*

Living through the physical death of those we love is, in my belief, the hardest event we will ever experience as humans. Some of us experience many loved ones dying in our lifetime.

The loss of a loved one has an isolating affect that seems to separate us from the real world as we know it. Our loved one, who was a large part of our world, has died and our life has changed forever. The physical world continues to turn as if nothing happened. Even though others have experienced this loss our grief is ours alone.

The reality is in every moment of our human existence each one of us is made up of a crowd of angels, teachers, guides and deceased loved ones. When we look in the mirror, we see ourselves looking back at us. If we could see through the veil, we would also see our entourage or crowd of angels, our spirit guide(s), probably a few Archangels, deceased loved ones, and perhaps even a few ascended masters like Jesus or Mother Mary. At any given moment of any given day, we are indeed a crowd – not separate and alone.

Brooke, a sweet angel child I know, has the ability to see our angels. At different times when she has counted my angels, I have had as few as sixteen and as many as forty-five. One day my puppy had ten! Even the puppy is a crowd!

No matter what is going on in our lives or around us, and no matter how alone we feel, we are never alone... never. The reality is that when we are born, angels are in attendance. Throughout our lives they are with us, and when our physical body dies, they welcome us back home and make our transition a celebration of love.

Each one of us has Free Will. We have the choice of building our connection with God and our personal team of angels to walk our divine life path to our highest good, or try to manage and control our life path by ourselves, which we do blindly, as we don't know what is truly in our best interests.

It is up to us to pay attention and follow the guidance and accept God's help in whatever form it comes in. There is a story circulating the internet about a preacher who was caught in a flood. He prayed to God to save him. A man in a truck came by and asked the preacher to evacuate with him. The preacher declined – he was waiting for God to save him. The water was rising so the preacher got on the roof. Someone came by in a boat and asked the preacher to evacuate with him. The preacher declined. The rain came down and the preacher prayed and prayed for help. A helicopter came by and the pilot asked the preacher to evacuate with him. The preacher declined. He drowned. When he reached heaven, he asked God why He did not save him. God told the preacher He sent three people to help him and he declined.

Our angels are God's messengers. They are available to help us in every moment of every day. All we need to do is ask, trust that

they will help us, and be grateful for their help. They will guide us if there are action steps we need to take and remind us if we don't do it.

"God helps those who help themselves" doesn't mean we're on our own. It means God helps those who help themselves by having the trust and faith to ask God for help and guidance and to work in tandem with Him to fulfill the tasks we incarnated to Mother Earth to accomplish in human form.

God's messengers, the angels, are with us in every moment of every day to help us, guide us, protect us, comfort us and love us unconditionally. It is physically impossible for our loved ones and friends in our physical lives to do this in every moment of every day, even if they wanted to! Therapists that we pay don't have access to "the bigger picture" of our life, but God's angels do. Angels are available to us 24/7 with no busy signal and no answering machine. You won't hear an angel say, "Can it wait until the commercial" or "I'm booked solid, can we get together in two weeks?"

The more we talk to our angels, ask them for help and allow them to help us, the greater our union with God. Through angelic communication, prayer and trust, we develop a deeper understanding of God's Grace and Love. We become clearer in our understanding of our mission, our life path and ourselves.

As spiritual beings having a human experience, each and every moment of every day we bring with us all our guardian angels, spirit guides and deceased loved ones. We are thus indeed a "crowd." This thought brings comfort in the dark of the night, in moments of

receiving bad news, in the vital seconds after the initial adrenalin rush of a fearful or traumatic event and in the wake of a loved one's transition.

We are never alone, always loved and always cared for, no matter what we do, we are always a crowd. Knowing this is our candle in the window, our guiding light of hope, joy and love. We must remember this as we move about in our travels today and every day after. No matter what happens in our lives, we are never alone, for the candle in the window is always lit, reminding us that there is hope, there is joy, and there is love. We are profoundly loved every moment of every day. God and the angels are with us to help us, guide us, and lovingly give to us the comfort that only God can give.

Ask God to make your life easier. He will. Ask the angels and your spirit guide(s) to guide you in all that you do - to lead you to your highest good - to show you in detail how you may best share love with the world and to best serve God. As a profoundly loved, deserving, worthy child of God, you will be gently guided, and the areas of your life will be abundantly filled.

Close your eyes and breathe deeply and ask your loving crowd to surround you with God's Divine White Light and hug you. You will feel their divine presence surrounding you and filling you with the peace and love of God. Repeat this often, and the moments of your life will be more peaceful, more joyful and more loving than ever before.

*When I look in the mirror, the room is full. I am a crowd.*

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***Message from Big Jim, who transitioned October 31, 2005:***

*Kathy asked me to speak to you all - that's what I call her - she doesn't like it much, but it is who we are, she and I. She's told you you're not alone while you're living there on earth - she told me that too and I had a hard time gettin' my mind around that.*

*She's right - each one of you is a crowd of angels, guides, teachers and dead people (deceased loved ones) - one person's group could fill 40 acres!*

*Take notice of God's message to love one another and to forgive because until you get it, there will be more messages. 911, Katrina, the Tsunami, they all brought the world together in love - tragedies do that. Some of you are hard headed - I was - your angels will tell you to look within to understand and see the big picture. You can do it. Trust and Faith don't come easy, but they are possible. Practice acts of kindness - you'll feel better.*

*~Big Jim, 2006*